

Candace:

Welcome to Black Girls Eating, a conversation about justice, Black girl magic, and well seasoned food. We are Black Girls Eating and welcome to our podcast.

Tanorria:

Hey, girl.

Candace:

Hey girl.

Tanorria:

How are you doing today?

Candace:

I'm great, how are you?

Tanorria:

I'm good, I'm ready to have a little rant session here.

Candace:

Yeah, feeling... Yeah.

Tanorria:

Tell me how you're feeling today, Candace.

Candace:

Well, I'm normal, I'm feeling good, right? I'm feeling good, I'm feeling great. But I had my high school class reunion group like, "Hey guys, what are we doing? Our 20th is next year." And I'm like, "I'm old. I'm the old head in the club."

Tanorria:

But you all graduated together, you're the same age.

Candace:

I know, but it's weird.

Tanorria:

You're the old spirit, I get it. Yeah.

Candace:

I feel like I have all these rants, it's about to be sundress season, folks ain't wearing girdles.

Tanorria:

Girl!

Candace:

They're not wearing slips, I just... I'm like.

Tanorria:

Lord... Okay here's my theory. I am not wearing the Spanx and all the things, but I'm not going to buy clothes that require them if I'm not wearing them. You either wear them or you don't wear the clothes that require them.

Candace:

And here's the thing, you can take a very... What I like to call, dress, kind of thin. You can take one of those dresses and wear them, but with a slip and the proper undergarments, nobody even would know. I feel like the old head because I still have a slip. I still have a full slip, I still have a half slip.

Tanorria:

Yeah. For those of you who don't know what slips are, they are very thin, silky... It's like a silk polyester blend, really, material that you wear under your dresses so that they are not see-through.

Candace:

And so that they don't cling to your body in different ways.

Tanorria:

Yes.

Candace:

I like to call them foundational garments, right?

Tanorria:

Foundational garments.

Candace:

They're foundational garments. There are three things that my granny and my mother made sure we had. You had a good bra, you had good undies, you had a slip and you had stockings. Now granted, we're not really wearing all that anymore, right?

Tanorria:

Right.

Candace:

Number one we're not going anywhere, hello, we're kind of still in the middle of a pandemic.

Tanorria:

I just looked through my closet the other day, because I decided I was going to dress like an adult because-

Candace:

You had things.

Tanorria:

I had things to do. So I was like, this is an opportunity.

Candace:

You had things.

Tanorria:

And I looked through my closet and there were four dresses I bought last year, and I'm like, what the hell did I buy those for? I wasn't going anywhere but they were on clearance at Target and I had to get them.

Candace:

I mean... And you're like, I have them, but I've got the foundational garments to wear with them as well.

Tanorria:

Yes.

Candace:

I just think a lot of it... I mean I know that I'm in the old club, I get it. I get it. But I see things, it's mainly because of Instagram. It's really because of Instagram, and I see these things and I'm like, all you needed was a good girdle panty, that's all you needed.

Tanorria:

But what's sad is that could be photoshopped.

Candace:

I mean you can take them lumps and those dumps out. I mean, I just... yeah.

Tanorria:

Okay so I have to ask you though, is that being body positive?

Candace:

Okay, so y'all probably... Here's the thing, I want you to wear whatever you want to wear, I do. I want you to wear it because I'm going to wear it. I'm going to wear it, right. I just think there's maybe this whole generation that didn't necessarily have these lessons, so to speak.

Tanorria:

Yeah, a slip is definitely a lost art.

Candace:

Yeah.

Tanorria:

Absolutely.

Candace:

I feel like it's... You still wear whatever you want, I'm not saying don't wear it. I'm just saying just, hey, a slip is still important, having a good bra is still important. These are just... I don't know, again, old woman yelling at clouds. Me.

Tanorria:

At clouds, I'm listening. I'm here with you, I understand that... I knew that we had to explain what a slip was because I know what it is. I have one in my sock drawer, but there are plenty of people who don't know what they are.

Candace:

I mean literally growing up, it was like a rite of passage. My grandmother took all of her granddaughters to JC Penny, you picked out a brand new bra, matching panties and a slip. It was a thing.

Tanorria:

Yeah, I always knew that around Easter I was probably going to get a new one.

Candace:

Maybe that's why I'm feeling this way, it's because it's Easter time and I'm thinking of white stockings, white shoes, your little hat, white gloves.

Tanorria:

Which I did just tell my mom recently not to dress my niece that way.

Candace:

Why?

Tanorria:

Because I'm scarred.

Candace:

Oh man.

Tanorria:

No don't get me wrong, little miss Emmy K can wear whatever she want and be the cutest little thing ever. But I am scarred from white stockings and-

Candace:

White patent leather shoes.

Tanorria:

White patent leather shoes. I also cringe when I see men in white tuxes for weddings.

Candace:

Really?

Tanorria:

You could wear the black pants and the white jacket, and pull it off like a James Bond type thing. But the all white? Absolutely not.

Candace:

But see... For me though, I love when a woman wears a white pant suit.

Tanorria:

Oh yeah. Slay all day!

Candace:

I love it, I'm like slay us to the Gods.

Tanorria:

Yes!

Candace:

Yeah, I love that.

Tanorria:

But men, come on now. Let's... Who said that was cute?

Candace:

That's so funny. Don't do Emmy like that. See, so my daughter is seven and my mom is 100% traditional. So she has sent probably three or four Easter dresses to us for Maddie. I'm like, "Mom, you do realize church is still closed."

Tanorria:

Church is still closed. And what if you want to buy it? That's what I keep explaining to my mom, is I'm like, "Her mom likes fashion, what if she wants to go out and buy it?"

Candace:

That's another thing, you cannot go up against the grandma.

Tanorria:

I know.

Candace:

You just cannot, you cannot go up against the grandma. So my mom got her second vaccine, and so she's like all clear-

Tanorria:

She's living her best life.

Candace:

So she came over with bags and bags of stuff for Maddie. I'm just like-

Tanorria:

I'm so jealous she got her vaccine.

Candace:

Oh my gosh, I can't wait.

Tanorria:

I'm really mad because bae is 40 and I am about to be 40. And I'm like, "You're going to get it before me and I'm angry about it."

Candace:

But you know, I think eventually they're just going to just open it up for everybody-

Tanorria:

Everybody gets a vaccine, you get a vaccine, you get a vaccine.

Candace:

And hopefully by the time the folks hear this episode, we'll both have been vaccinated.

Tanorria:

Girl I better be because I'm ready to have a life.

Candace:

I know. But honestly, even still, I think about it, I'm like, that's a whole nother thing too. Plus we're in a pandemic, I'm still going to be wearing a mask. I'm still going to be sanitizing my groceries. I'm still going to-

Tanorria:

So many people don't do that anymore but I do.

Candace:

I'm like... I come in the house, there's a landing spot for everything. This is a whole situation.

Tanorria:

There is a routine, there is a science that we have down to a T.

Candace:

Down to a T.

Tanorria:

For our Costco grocery run.

Candace:

Yeah. I mean, it's just... This has been my life now for, hello, a year. And again, by the time you guys hear this episode, it'll have probably still been this way. I'm just... I'm still going to be wearing a mask, I'm still going to be gloving up, I'm still hand sanitizer like everyone, you get... I'm like Oprah, you get one, you get one, you get one. There's one everywhere, I've got a sanitizing station at the door. I mean it's just...

Tanorria:

My favorite place, my favorite new place to keep hand sanitizer is, you know your car door, how you have that little spot where... Like an extra drink holder in the door?

Candace:

Yep.

Tanorria:

I have a hand sanitizer on each side and I feel like it just saves my life.

Candace:

Totally. I have one in the console, I have one in the cup holder, I have one... I just, yeah, I've kept one everywhere. Just...

Tanorria:

I put the full size pump bottle in the car door.

Candace:

Listen, you get a pump, you get a pump. I just... I have to do it because I don't want people to think that things are over because it seems like the numbers are going down and that the world is opening back up.

Tanorria:

People are still dying.

Candace:

People are still dying and people are still contracting the disease, vaccinated or not. There is still a possibility that you can still get COVID even once you have your vaccine. So you still need to practice safety. And we have to think about those who are not able to get vaccines. So you still have to... Again, yes you're masking up for yourself, but you're also masking up for others.

Tanorria:

Yeah. If you are eligible, get the vaccine.

Candace:

Get the vaccine. Oh you know they're going to... Girl they're going to be in our comments about this one.

Tanorria:

I know. I don't care. I recognize and understand the history of black health. And when it comes to medicine and experimentation and things like that, I have seen more white people get this vaccine than I have black people. And so therefore I'm like, okay, if they can get it, I can get it too. And I don't normally get the flu shot, but I'm getting this vaccine. So don't sell yourself short.

Candace:

And do your research in terms of where to get your vaccine, and all of those things. I mean, do your due diligence, but think about yourself, think about your family. I mean, because my mother, I bought a new house and my mom had not seen my house. None of those things, she didn't get to be present with me for closing, all the things that... The big things in your life.

Candace:

So her being able to be with her granddaughter on her birthday. I mean, that's a thing! We've missed holidays with each other. So it's really important to be able to get back to some sense of normalcy, as normal as it's going to be. Like I said, I'm still wearing my mask.

Tanorria:

I am too.

Candace:

I'm still gloving up and all that. So...

Tanorria:

Uncle Joe and auntie Kamala said to wear your mask so I'm still wearing...

Candace:

Listen, listen. Seriously.

Tanorria:

I'm still wearing them.



Candace:

Seriously. So you know, I've been thinking just about aging, right. My kid makes it a point to remind me of how old I am all the time.

Tanorria:

Does she ask you how old you are?

Candace:

Yeah, I mean she... She's very smart at math, so she knows that she's seven. And so she's like, "Okay, you're 30 years older than me, got it."

Tanorria:

Rude.

Candace:

Yeah, rude.

Tanorria:

Rude!

Candace:

So rude, I'm like, "Yeah I am." She knows that, but I feel like I see my age more with her. I feel it, I'm just like... And I'm like, my bones hurt.

Tanorria:

Girl everything hurts on me.

Candace:

Just walking, I'm like... God, is that my bone cracking?

Tanorria:

Yeah.

Candace:

Everything hurts.

Tanorria:

I'm trying to navigate, does my body hurt as much as it does because of my shift in career? It used to be nine to five, I sat at a desk every day and now I'm more on my feet. I am letting go a lot of the cooking that has me standing up all the time mass producing, and I'm getting behind a desk more. But does my body hurt because it's been five years into that career shift, or does my body hurt because I'm getting old?

Candace:

Yeah, seriously.

Tanorria:

Or is it both?

Candace:

I am honestly at the point where it's like, I think about it, I'm like, okay, we have to go do this. Do I just need to go ahead and take a pain pill now? Or...

Tanorria:

Yeah.

Candace:

I just have to play it... And of course now, I am someone that lives with chronic pain and so having physical therapy and all those things, and doing my exercises to make sure that my body is still okay. But yeah, you think about, is my body hurting because I'm older? Is it because I took a walk around the neighborhood?

Tanorria:

Right. The pandemic has caused me to buy more sneakers.

Candace:

Yeah.

Tanorria:

I'm like, I need sensible shoes, but at least they can be cute.

Candace:

Listen, when the world finally opens and we're actually able to do things. People are saying, "Oh, it's going to be like the roaring twenties, everyone's going to be out," and all that stuff. When I have to put on a pair of heels, I'm going to look like a baby calf. I have not really worn a pair of heels, in I don't know how long.

Tanorria:

I'm just going to go along with the super cute skirt and a top that makes a statement, and Chucks.

Candace:

You see? Hello! Jeans and Chucks and... I have more sweatshirts now.

Tanorria:

Girl, I wore a pair of jeans and I was angry.

Candace:

Yeah.

Tanorria:

Because it has a waistline and a button, and I have to wear a belt.

Candace:

Yeah.

Tanorria:

I was mad. I was like, can we go home and get back in my leggings please?

Candace:

Again, see? I'm like, is it me because I'm old? I totally get now the sensible pants, you see the little pants, they have holes. I think the brand may be, I don't know, like Alfred Dunner or something like that.

Tanorria:

Yes!

Candace:

I used to crack jokes about those pants, but they have pockets and they have elastic. There are no buttons, there are no zippers.

Tanorria:

Yes, my old boss and I used to joke about those all the time.

Candace:

Now I totally get it.

Tanorria:

But to find a good pair of leggings with pockets is rare.

Candace:

Yeah.

Tanorria:

But when you do find them, you buy them in every color.

Candace:

You buy them in every color, that is my rule. I know people talk so bad about LuLaRoe and all that, and all the things they did, but my LuLaRoe leggings have stood the test of time.

Tanorria:

Have they?

Candace:

Yes.

Tanorria:

Teared a hole in mine.

Candace:

No, I would cry because I cannot find another black pair. I was even in the Facebook online group like, "Add me to this group, I want to buy these leggings," because I want-

Tanorria:

And finding black ones was always rare.

Candace:

It was always rare.

Tanorria:

Which makes no sense.

Candace:

Yeah. That should be the color most mass produced.

Tanorria:

It's the most sold.

Candace:

It should literally be like your gift with purchase.

Tanorria:

Lula Roe give a gift, girl please.

Candace:

Yeah. I mean... So I just think being older, it's fun, but it's also very scary.

Tanorria:

It is very scary.

Candace:

And I wonder, did my parents have these thoughts of getting older? I feel like all the adults that I knew when I was younger were way more adultier than I am now.

Tanorria:

Oh absolutely. They were having kids much younger and getting married much younger. And in the workforce, career wise, much younger. I actually said this awhile ago, that I never had the irresponsible

job happy stage where I just... If someone's looked at me the wrong way at my place of employment, I would quit and go find... I never had that, I was in a career at the age of 19 is when I started working at the Credit Union. I was there for 15 years, and so thinking about how a lot of people, our generation and even younger generations, have those job happy moments where they have 15 different jobs within their first three years of working. And so they're not career minded or career driven, and they don't really have to be, that is their way of figuring out who they are and what they want to do.

Candace:

And it's totally become this whole... It's crazy because I feel like the younger generations had the ability to be as creative as they wanted to be. And I mean, just like you said, they've had 15 jobs. Here I am, I'm 37, and I literally have had five jobs in my whole life. So it's kind of like... I mean, I know my sister, she's had a million jobs and she'll be 30. And I'm just like, gosh, but look at... I mean, look at all that experience that you have, look at all those stories that you have. I mean, we've literally become this dash generation of, I'm a creative, I'm a entrepreneur, I'm a dog walker, I-

Tanorria:

Yeah. There's also not the need to feel like you need to climb a corporate ladder.

Candace:

Yes.

Tanorria:

So you don't necessarily need to get your foot in the door because you're creating your own door.

Candace:

You're creating your own door, yeah.

Tanorria:

We're catching up.

Candace:

Yeah. We got to the game a little late.

Tanorria:

Yeah.

Candace:

We had a little rain delay or something, because they can totally... I mean these young kids, they are fearless about that. Just like you said, you're like, "If somebody looked at me wrong, I'm out of here." Quit a job and be fine about it.

Tanorria:

Totally fine.

Candace:

I can remember getting fired. The first time I got fired, I was young, I got fired from a job and just like, what am I going to do?

Tanorria:

What'd you do?

Candace:

Oh my God I don't even remember. Why did I get fired? I don't even remember why I got fired, it's been-

Tanorria:

I don't think I've ever been fired.

Candace:

I was like 16 and I got fired. I was just like, what am I going to do? I was just so devastated. Young kids now they're like, "Oh, that's fine."

Tanorria:

Okay what are your five jobs? What have they been?

Candace:

So I worked babysitting obviously, first job. That's like... I worked at this little boutique store called Chocolate Soup, which used to be an Indie, I loved it, it was one of my best jobs ever. I'd actually did that as a marketing co-op when I was in high school.

Tanorria:

Oh cool.

Candace:

I worked at Marshall's, I worked at TGI Friday's as a server and a host. And that's when I got some real...

Tanorria:

Food service experience.

Candace:

Yes, oh yeah. Yeah, oh my God. I worked in marketing for the largest traditional grocery retailer. And now I work in the nonprofit realm. So those were my five jobs. Did I get fired from Marshall's? Maybe I got fired from Marshall's. Yeah, it was devastating.

Tanorria:

I can't remember how many jobs I had. It might be like five-ish.

Candace:

Yeah.

Tanorria:

It might be five-ish.

Candace:

Yeah, five. Okay you go, let me hear them.

Tanorria:

I'm trying to think.

Candace:

See, yeah.

Tanorria:

My first job was at Auntie Anne's Pretzels.

Candace:

Really?

Tanorria:

Yeah at Auntie Anne's Pretzels. I don't remember why I left there. Management sucked but I can't remember what was the straw. I worked... Do you remember the retail store County Seat in Castleton Mall?

Candace:

Oh my God, yes!

Tanorria:

I worked there, they were so mean to me.

Candace:

Oh, I had one more job, go ahead.

Tanorria:

I actually brought my parents in with me to quit, but I was 16. I was 15 or 16. I was a baby. Yeah that, and then I spent a lot of time at Kids R Us when it was just Kids R Us, not inside of Toys R Us.

Candace:

Oh my God.

Tanorria:

I worked there pretty much the end of my high school career up and through college, until they merged with Toys R Us.

Candace:

Wow.

Tanorria:

And that's when I left there. I worked at a daycare because I was an education major for a minute, and I got promoted really fast at the daycare, within a month I was their creative director.

Candace:

Oh gosh.

Tanorria:

But it was such a shady daycare. I wouldn't have been a creative director-

Candace:

Shady babies.

Tanorria:

Yeah I would've been a creative director at a real daycare that wasn't doing crazy stuff. They ended up on the news for some bad stuff.

Candace:

Oh my God.

Tanorria:

I don't remember what, but it was bad. I worked five seconds at LensCrafters.

Candace:

Really?

Tanorria:

And I started at LensCrafters and at the Credit Union around the same time, and I was supposed to be working at LensCrafters as my long-term job, and the Credit Union was just my summer job. I ended up faxing LensCrafters my resignation and I stayed at the Credit Union for 15 years.

Candace:

Wow.

Tanorria:

Yeah.

Candace:



Wow.

Tanorria:

And then while I was at the Credit Union, I did also work part-time for a short minute at Bed, Bath and Beyond.

Candace:

Mm, okay.

Tanorria:

But I was well into my Credit Union career. That was really just to make extra money at the time.

Candace:

So another job I completely forgot about, I worked at Baker's in the mall, the shoe store.

Tanorria:

Yeah.

Candace:

Oh my God, and the only reason why I worked there is because the discount was 60%.

Tanorria:

Oh nice.

Candace:

So I literally would just hand them my check.

Tanorria:

Yeah.

Candace:

Yeah it was crazy. It was crazy. I still have a pair of shoes that I bought at Baker's.

Tanorria:

Really?

Candace:

Yes. Yeah, I can-

Tanorria:

I wish I worked for Coach.

Candace:

Yeah, why can't I get a good brand.

Tanorria:

Or Apple.

Candace:

Right, right.

Tanorria:

Bae and I were just at the Apple store yesterday and he was like, "I wonder what their discount is?" I know.

Candace:

I bet it is nice. It would have to be, it would have to be. So yeah, I think maybe I'm just jealous of how younger kids get to operate.

Tanorria:

Are you though?

Candace:

I don't think I would go back to high school.

Tanorria:

I would not.

Candace:

Here's the thing, I would go back if I could go back as it were when I was there. Not with all of these things.

Tanorria:

Stuff now, yeah.

Candace:

I mean, because-

Tanorria:

Because now in high school you have to wear three layers of makeup and make sure you can highlight your cheekbones, and have your bronzer on and you got to have on... Who wears heels to high school?

Candace:

I know, it's...

Tanorria:

People do that all the time.

Candace:

I know, I know. I could not go... I mean think about it, we literally came into high school and came of age before Twitter, Facebook, Instagram. I remember... even Myspace was my college days. The first social media that I can remember in high school, besides AOL chat, was Black Planet. And even then, you had your page and you could play music on your page but there was no-

Tanorria:

You weren't doing this big interaction situation.

Candace:

Yeah. I think maybe you had a messenger, but again, it was like, hey. It was nothing like... You couldn't screenshot, if you wanted to take a screenshot, you had to take a picture.

Tanorria:

And you had to take a picture with a digital camera, not with your phone.

Candace:

With a digital camera that you carried around on your wrist all the time, hello.

Tanorria:

Going back to my garage door opener as my page.

Candace:

You know? So I cannot imagine... Kudos to these kids because I cannot imagine the level of stress. And I know why this has me so fired up, I watched the Netflix documentary about the whole high school scandal, it's called Varsity Blues, how all the families... Oh my God.

Tanorria:

Oh yeah I saw a preview for that.

Candace:

You have to watch it because really, it's mind blowing. Number one, what-

Tanorria:

But isn't it also that that documentary is the epitome of helicopter parenting?

Candace:

Oh my God. That and just how much money some people have.

Tanorria:

Yeah.

Candace:

It makes you sick to your stomach.

Tanorria:

Yeah.

Candace:

I mean after watching it, I'm like, Maddie can go to college if she wants to, but I am not pushing her by any means to... You don't have to go to an Ivy, you don't have to do any of that. I mean, she's going to go to an amazing school if she decides that's her career path, but just based off merit and her academics. But how those parents are just like... You literally lied on your kid's college application.

Tanorria:

And the crazy thing about that is-

Candace:

And paid for it!

Tanorria:

These are people that have connections to get their kids internships and jobs just by being who they are. They don't have to shell out their money for these ridiculous accolades that their kids did not actually work for. They could easily just be like, "Hi, I'm this very famous TV actress, and my kid wants to be a producer. Can they come stand on your set and observe?" That's all they got to do.

Candace:

Internship, boom.

Tanorria:

All they got to do.

Candace:

But no, hi, I would like to present my daughter as a class for a high scoring basketball player, and this child can't even dribble. Make it make sense, make it make sense. I was stunned to see that, stunned to just see that. So...

Tanorria:

What do you think that does to that generation, as far as entitlement?

Candace:

Oh my God, they're so entitled.

Tanorria:

Mm-hmm (affirmative).

Candace:

And again, if you are listening, please do not take this as me bashing you. I think your generation is entirely creative and brilliant. And I think all the tools that have been here at your fingertips when you were born, I'm so thankful that you have that. However, comma, it has made them to the point where now they just think, okay, well I can draw, so you need to make me the designer of the shoe brand.

Candace:

No, here's this thing called work and work ethic and experience. And a lot of times they don't have that. They just feel like, okay, I need to be able to just walk into this because I've done XYZ, XYZ. Okay anybody can pick up an iPad, but show me your creative brain. Show me that you know that you can manage the project. It's just... They're so entitled. I see it from 30 year olds.

Tanorria:

Yeah.

Candace:

I'm just like...

Tanorria:

Especially in the social media, the food space.

Candace:

Oh God.

Tanorria:

I get a little heated when I see someone who might be like, I don't know, a fashion blogger or a photographer. And all of a sudden they're a chef and giving recipes, and I'm like, wait a minute, wait a minute. Number one, you don't make it that way, you do this step first and there's a reason behind it. I think I watched someone make a soup or something, and they sauteed their meat and then just threw in the onions and the veggies. And I'm like, you realize you got to saute the onions too.

Candace:

Onions and the veggies first so they can get soft.

Tanorria:

Yeah, and then you throw in your stock or your liquid. Or they were like, "I'm going to put a little bit of stock and some water too," why? Just use all stock. Do you not understand flavor? Or they put in the liquid and then put in their seasoning. And I was like, "But that seasoning needs access to heat to bloom. What are you doing?"

Candace:

I've gotten to the point now where I just have to unfollow all the things that look like that because it frustrates me to no end. I mean there is something to be said for staying in your lane.

Tanorria:

I love my lane. My lane... Number one, my lane makes me feel awesome.

Candace:

Right.

Tanorria:

My lane makes me feel like I can conquer the world because I am damn good at it. So therefore I am going to continue to refine the skills in my lane. Am I going to try other things and maybe bring in some sprinklings of some things? Yes, that is just letting cars weave in and out of my lane. But my lane is my lane and I'm proud of my lane, and I don't need to prove anything else.

Candace:

Yeah. Yeah. I mean, I get people asking me all the time, "Well, you should do this, and you should do that." And I'm just like, "I rock this lane out." And people have to understand, I have been in this game for years. In this game for years.

Tanorria:

Mm-hmm (affirmative).

Candace:

I may not have all the following and all that to show for it, because I don't care about any of that, it's not about that for me-

Tanorria:

Engagement matters more.

Candace:

Right, and making the connection and hearing people say, "My kid tried broccoli because they were in your class and you guys made broccoli tree." Stuff like that is what's important to me. So I rock this lane for a reason, and you're right. You do try different things because it's trial and error, right?

Tanorria:

It is.

Candace:

It's trial and error, but knowing what you know, and knowing that you do what you do well, is important.

Tanorria:

You can't have all these different lanes and all of them equal trash results.

Candace:

Right.

Tanorria:

Oh yeah, I'm going to do food but your food doesn't taste that great. And oh yeah... Like for me, I know without a shadow of a doubt, I am not a food photographer. I will never be. I do not have the eye for it. I will buy my cute little prop and make one little photo with my iPhone and be proud of that. But I know that the quality of photo that I'm going to produce does not come close to a professional food photographer. And I'm not going to go out and spend a ton of money on a bunch of equipment. Because if I don't know how to use the equipment, that doesn't make the picture any better.

Candace:

Exactly.

Tanorria:

So I'm happy to stay in my lane and cook all the food. And sometimes I'll have to source in a photographer if it's a big project, or I'm just going to be like, "Yep, I took this cute little picture with my iPhone. That's as good as it's going to get."

Candace:

Right, exactly. Exactly. Yeah.

Tanorria:

Look girl, you got me all heated.

Candace:

See.

Tanorria:

Heart palpitations.

Candace:

Black girl's eating the rant. That's what we're going to call this episode because-

Tanorria:

And there will be several of them, don't worry-

Candace:

There'll be several, just know. Just know that we just have moments of...

Tanorria:

We need to get it out.

Candace:

We got to get it out.

Tanorria:

And we're going to get it out with you guys. Because usually we get this out over lunch.

Candace:

Yeah, yeah. But you know.

Tanorria:

All of those lunch conversations led to this, so welcome to our world.

Candace:

Literally welcome, welcome to the table. You're literally in our kitchen right now.

Tanorria:

Absolutely.

Candace:

This is what happens.

Tanorria:

Absolutely.

Candace:

Well, again, this is so much fun.

Tanorria:

It was, it was good to get it out. It was cathartic.

Candace:

Yeah. You just need it sometimes.

Tanorria:

You do.

Candace:

Yeah.

Tanorria:

You do.

Candace:

Well, thank you so much for listening guys. Check us out, follow, comment, talk to us.

Tanorria:

Yeah, engage. We want to hear.



Candace:

Engage, we want to hear from you. Alrighty, see you next time.

Tanorria:

Bye.

Candace:

Bye.

Candace:

Black Girls Eating the podcast is sound engineered and produced by David McKesson, is recorded at Nexus Impact Center, creative suite. Follow Black Girls Eating the podcast on Instagram at [blackgirlseating](#). Follow Tanorria at [tanorriastable](#), follow Candace at [foodlovetog](#), thank you for listening. (silence).